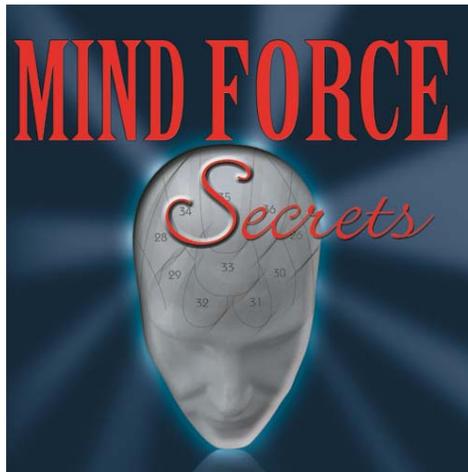


# MIND FORCE



*The Power of The Mind*



# The Power of The Mind

The Six Laws of The Mind Explained

By A. Thomas Perhacs

<http://masterthepowerofthemind.com>

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## About the Author



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You can reach AI at <http://velocitygrouppublishing.com/osticket>

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# Introduction

This small report could change your life! The information contained here is so powerful, that if used properly, can cause you to use your mind in ways you could never imagine. Embrace these concepts, as they absolutely work...

Once you truly understand the power that your mind has, you will be able to achieve everything that you could ever imagine. As you read each word of this powerful report, you'll find yourself becoming excited about taking action to change your life with the concepts contained in this document.

This realization of how these concepts will benefit your life will become more and more important to you by the second....

As you read and understand the powerful concepts discussed here, *you'll find yourself getting more and more compelled to take action* with the items in this report that I am going to suggest you take.

The concepts contained in this report are condensed down so that you can assimilate the information much faster and when you do that you will be able to use the concepts that much faster.

What may seem like a simple concept to you can be the most powerful concept of all, so make sure that you read and re-read this report until you have the concepts integrated into your mind fully and completely.

By all means integrate this report with any of the other products that you have from us as you will find that all of our products carry a very special meaning to them and often times you will find them to be very profound.

It is my intention to give to you the knowledge to take your skills to an even higher level than you ever thought possible. After reading this report you may naturally feel as if a door has opened up in your mind, an understanding if you will that can allow you to grasp the simplicity of these ideas and cause you to use them to your advantage.

# Chapter 1: You Can Master The Six Laws

Welcome to **Master the Power of your mind**. What I'm going to do in this special report is share some very profound information on how you can get control of your mind.

You've been to my website, you've seen the products, and you've probably got a bit of understanding of what there is. What you will find is I have amassed a very unique line of products and concepts that can assist you in many areas of your life...

The concepts and methods taught are not things I put together randomly to sell some products. They are techniques, concepts and methods I utilize every day.

What I am doing is taking information that is not readily known and packaging it in a way that you will understand. Case in point is this program you are reading right now..

It is a program that is put together specifically to give you the six laws of the mind so you can decipher and understand how you can get your mind to work better for you or any area of your life.

## ***Get Yourself Ready To Find Some Answers***

As you read this, I want you to relax. I want you to just sit down and get comfortable. Pretend that you are someplace really special where you can just totally get relaxed... I want you to open up your mind to the possibilities of what is discussed in this report...

I also want you to realize that as you read this information, you are going to need to re-read it because it is very profound information, but you have to take the information and boil it down.

You have to read it and understand exactly what the point is saying. It took me several years to understand the power of these six laws. I've only seen these laws written a couple of times and most people do not understand them. When we get done here today, you will have a complete understanding on how these laws can help you.

I love to move things ahead to make people more aware of the true power of not only their mind, but their body and spirit. Getting them to realize that the real power of the individual is really an understanding of how the mind, body and spirit connection work together.

In this report I will be talking primarily about the mind, I will not be talking as much on the physical side of things, such as in my Chi Power Training...

As you start to realize the potentially huge benefits of this information, you will want to buy my systems because you will come to the conclusion that these products are exactly what you've been looking for.

The bottom line is these laws work when you apply them, and it doesn't matter what you apply them to, whether it be for health, wealth, relationships, etc. They flat out work!

### ***The Divided Mind***

The first thing I want to talk about is the divided mind. Before we get into any discussion about the power of the mind, we have to understand a little bit on how the mind works.

I do not want to get into all these scientific terms and different things. I just want to give you a basic understanding on how your mind is divided and how you can utilize it better.

You have the conscious and the subconscious portions of the mind.

The conscious part of the mind is the part that you have a knowing effect on. You have to actually think in order to utilize the conscious mind. I always use the example if you are driving down the road, you don't have to use your conscious mind to drive.

You are in somewhat of a hypnotic trance when you're driving down the street. Someone puts their break light on in front of you, you automatically do it. That's the subconscious mind kicking in; it does not take conscious effort.

You don't have to think about it and say, "ok I am going to lift my foot and place it onto the brake pad and I'm going to press down with 50% of my power"...

it is an automatic response, that's what the subconscious it.

### ***The Subconscious Mind***

The subconscious is just under the layer of your conscious thought... And this is the part we are going to be looking to influence is the subconscious part of the mind. The subconscious part of the mind is like a repository of everything you have ever done throughout your entire life, whether good or bad.

*Product Suggestion: **Mind Force Library.** Check It Out Below*

<http://masterthepowerofthemind.com>

It records all the information that you've ever had to go through. So if you've gone through traumatic experiences it is stored in your subconscious mind. If you've gone through enjoyable and happy experiences they are all stored in your subconscious mind.

The key is to be able to access the subconscious mind to work for you and not against you.

Unfortunately what happens a lot of the time because of the world we live in, we hear more negative than we do positive. The truth is negative is more powerful than the positive.

So your subconscious mind, because it is repository like you are putting books in there so to speak, so the subconscious mind is not determining if it is a good or bad book. You can use that as an analogy on how the subconscious mind works.

*The Key is to be able to access the subconscious mind to work for you and not against you...*

What we are going to be talking about is how to get the subconscious mind to work the way you want it to work so that you can squelch the negative away and get your mind to work better.

### ***Affirmations & Autosuggestions***

It is really the key to getting the control of your mind. We are going to talk about how to get the conscious mind to influence the subconscious mind. Many of you have heard of affirmations or auto suggestions.

Primarily what affirmations or autosuggestions are is where you are taking your conscious mind and taking a concept and you are speaking it, and it is going into your subconscious mind.

The biggest thing people say to me is hey, I have used affirmations and they don't work.

*You Must Create a Habit of Discipline in Order To Get Things To Work Powerfully...*

I always ask them how long did you do them for?

... because affirmations like anything you are going to do needs to be repetitive in nature.

Everything that you do, you need to create a habit, it doesn't matter what the thing is you're looking to do. You must create a habit of discipline in order to do it.

Auto suggestion is the same thing.

The same thing is true when I talk about this in one of my many hypnotic influence systems such as Manipulation, Ultimate Hypnotic Influence or even in my best selling Hypnotic Influence Manuals ...

In my systems, courses and manuals I will teach you how to use autosuggestion, how use subliminal suggestion on people so that you can actually influence them to have them come to your way of thinking.

Autosuggestion is really the ability to do that with ourselves, like quit smoking lose weight, getting into shape, make more money, have a better self image.

### ***Self Image Is A Generator of Power***

It is statistically proven that the biggest problem with most people it is not the physical ability, or how they look, the college degree or lack or, it's really the concept of self image.

Many people have low self image and the reasons why they have that low self image is because they have been bombarded with negative their entire life.

I'm going to make some references to some books that you can read so you can better understand this.

There is a very profound book that was written a few years ago called **psycho-cybernetics**, the author is Maxwell Maltz. Basically he was a plastic surgeon and as a plastic surgeon he noticed things throughout the time of his practice.

What he discovered is that someone would come to him with a disfigurement or they didn't like the way they looked in some way and he would change their problem and appearance through plastic surgery. They would come back to him later and say... I am still ugly, I still feel inadequate.

Basically, he changed their face around (let's say) where they had a beautiful perfect face, so he came to the conclusion that it was not the physical appearance that needed to be changed, it was the interior that needed to be changed.

Because those people had that limiting belief their entire life, thinking I'm ugly because of this or I am inadequate because of that. It really wasn't a physical thing, it was really internal, it was the self image that needed to be worked on.

So he wrote this book based on the fact that you really not only need to create an outward impression but it's really the inward impression that's far more impressive when you look at that. It is a fantastic book that gives you some understanding on how the mind works. I highly recommend it.

So you need to work on yourself image. Everyone needs to work on their self imagine because it is the part of your mind that you need to keep reinforcing yourself and that is what we are going to be talking about in terms of influencing the subconscious mind with affirmations and autosuggestions.

The main reason why people don't get these things to work is because they don't do them enough. They do it very limited, they will do them a couple of days and quit.

You can't so that. You can't get in shape by going to the gym once or twice and then quitting.

You can't become successful at anything if you quit. Affirmations and autosuggestions are the same thing. As we get through the concepts you will get a better understanding why these autosuggestions work because of some of the concepts we will do following this.

We are going to influence the subconscious part of the mind by influencing it but will use our conscious mind to tie it all together.

I want to now talk about the 6 powerful laws of the mind.

## Chapter 2: Law #1- Every Mental Image That You Allow To Take Complete Control of Your Mind Tends to be Realized

You see, your intent and focus must be like a laser, you need to hone in on whatever it is you are looking to accomplish.

Any mental image that you have, and that you allow to take complete control of your mind tends to be realized. If it's a thought of becoming successful, you will ultimately become successful. If it's a thought of driving you into a certain direction in school and getting a degree, it could be in any area....

This my friends is real power and the type that is not taught in any school or college. This is specialized "Success Knowledge".

That dominating thought eventually becomes realized but you have to have an intent and focus like a laser in order to make sure that the content that you are putting into your mind is the content you want. It is like programming a computer, you are putting the information in, the computer does not discriminate. It could be a bad software program the computer doesn't really know that.

### ***Positive vs Negative Dilemma***

Some have said that negative is 14 times stronger than positive.

*If negative is actually 14 times stronger than positive, doesn't it make sense, that you need a mental diet of positive?*

So when you are putting images in your mind you need to make sure they are positive not negative. You have to have a focus of thought; you need to know where your mind is going at all times.

Take each one of these concepts and dissect it and really understand what I am talking about.

Although this is a condensed report, it will probably take you a while to get these concepts to work for you. When you first hear them, you just read them but like I said you have to understand them in order to get them to work.

And of course put in the flight time...

You have to have a focus of thought.

What does it mean knowing where your mind is going at all times?

## ***Focus of Thought***

What you need to do is learn how to steer your mind kind of like a car. I tell people I coach that either you are going to drive your car or someone or something else is going to drive your car.

We are influenced by everything that we come in contact with. Every time you listen to a song on the radio, every time you watch a program or movie on the TV, every time you listen to somebody.

If you work in an office and associate with people you are getting feedback from them, you are getting influenced to some extent by those individuals.

So what you have to learn to do is you need to learn to focus on what you want in your mind at all times. So even though you are in a situation where you are hearing negative, you have to rebuke that from your mind.

*Why would anyone ever intentionally put negative into their mind? Well, when you watch the news before bed, that's exactly what you're doing...*

For instance I don't ever watch the news before going to bed because the last thing you put in your brain before you go to bed influences you.

Why would you put negative in your mind...I consider most news negative because they are talking about how bad the economy is, the murders and all the crazy things going on in the world.

Think about this... why would you want to take that type of information and implant it in your brain right before you go to sleep. Think about it...This is one of the most dangerous things you could ever do to your mental state.

I know some people that can't go to sleep until they've watched the news. I could never go to sleep if I watched the news because to me it is totally negative.

Does this mean I shut myself off from the world, absolutely not! I take my news from other sources and I take a bit at a time but I do not bombard my mind with that garbage late at night.

## ***The "Block" Technique***

So you have to have a focus thought, you have to learn how to burn out the negative thought. I use this technique and maybe this will be helpful for you, I call it a block technique.

Whenever I feel a negative thought coming in, or I am being influenced by some type of negativity I picture in my mind a wall going up, like a big steel trap wall and I picture that negative thing bouncing right off of it.

Like bullets bouncing off of superman's chest. I call it my block technique and if someone says something negative to me I put up that shield and I say block.

Or if I am listening to something or if I get a thought, a lot of times it is curtailing the thought that we have. We have a lot of bazaar and strange thoughts in our head. And sometimes we get a thought in our head and say where did that thought come from?

What you have to learn to do is take those negative thoughts and repel them away. The more you can do that, the more you can get control of your mind. As we go further you are going to realize that your mind is really the only thing in your life that you have control over.

## Chapter 3: Law #2- Nothing in Your Mind Should be in Opposition to the Mental Image You Wish to Bring About at that Moment:

What this comes down to is pure thought vs. double thoughts.

One of the best ways to learn how to do this is to learn a meditative practice. If you look into our **Mind Portal System** you'll learn how to meditate.

*Meditation allows you to get and stay focused. To remove the negative or extra thoughts that are un-needed. It is a great way to recharge mentally...*

When we talk about meditating it is a focus of thought. It's really getting that laser beam conditioning so that you can keep your mind bridled into certain areas. That is why meditation is such a powerful concept.

A lot of people misinterpret what meditation is. They interpret it as somebody sitting down, and having some kind of mantra and it seems

"weird or strange" when in reality mediation is really the focus or the intent of a purpose.

My Mind Portal System helps people to focus on what they are looking to accomplish by doing a meditative practice. I would recommend that you do some kind of meditation practice, whether you get my systems or something else, you need to do something that allows you to have pure thought vs. double thoughts.

### ***The Danger of Double Thoughts***

The problem with a double thought is that you cannot focus on 2 things at the same time, not very well anyway. If you have one thought that comes in and another thought especially if it is a negative which is 14x stronger than positive so what will happen is that positive thought will get bounced right out.

You really have to be careful with this.

We all have double thoughts. We have a positive thought and then a negative thought comes in...

Oh I can do it.. No you can't.

*Product Suggestion: **Mind Portal Esoteric Meditation** Check It Out Here.*

<http://mindforcemeditation.com/>

That's how quickly a negative thought can come in and that's why you have to block it. That's why you have to sometimes slow down when you do your thought process...Meditation allows you to train yourself to remove thoughts effectively.

I can do that and don't give the negative a chance to get in. Put that shield up so you slip in the door and shut the door before the negative can get in.

You have to keep very, very focused on the thought that you want. You have to be clear and concise on the image that you want. When we are talking about images, it is every thought that you have is not just a thought it is a manifestation.

Everything that you are thinking about has a physical counterpart to it. Depending upon how much you focus on that image, you can actually bring to pass, the physical properties in that image, whatever you are looking to accomplish.

*Every thought, every image you have in your head has the potential to become a manifestation of one kind or the other...Make it a good one!*

You see people that are deviant out there and the reason that they are is because they hold these deviant thoughts in their mind so long that they actually have to go out and act upon those thoughts. That's the negative side of the mind, but it is how the mind works. If you take the positive side of things and believe upon that, then you will get it to work.

### ***Belief is a Critical Factor***

One of the things I am really going to stress is that belief is a critical factor within your mind. You have to have a belief factor set up. If you do not have a belief system that you can rely on, it's not going to work.

For instance, people can always believe negative quicker than they can believe positive. So for instance if you say, hey this tragedy just happened... they lost their house.. their car...people believe that right off the bat because that is what we are conditioned with going back to the news and TV, these are the type of things we hear.

We are so much more negative when we hear something positive. If you hear the news its more about negative, it's not about the uplifting things people are doing.

So if somebody is having trouble you believe it. If somebody tells you hey, this guy was down and out and now is a millionaire and they did it in a unique way, it is harder to believe ...

You don't want to believe it you don't want to believe you can do it because you've been conditioned. Let's get away from that type of conditioning.

## Chapter 4: Law #3- If Will and Conviction are Opposed, Conviction Will Prevail.

Will is the intent; conviction is your belief in what is already proven in your mind. Will is strong, but conviction is far stronger.

Conviction is what you already believe to be true in your mind.

The reason I say believe to be true is because just because you believe it doesn't mean it is true. A lot of people, their self image is rotten to the core not because of any physical reason, not because of any real reason but because of an imagined reason. Most people have a low self image of themselves not based on their mind, it's really what they think others think about them.

In reality, there's nothing to that because you are believing what someone else is thinking about you. In fact it usually isn't even true...Most people believe people are thinking certain things about them when they couldn't care less about your situation...

Unless you are a mind reader, you can't possibly know what they are thinking or feeling about you. So you need to make sure that even though you have will power, it's not going to cut it. You have to have will power but also have the conviction in your belief that you can accomplish that. The belief level is the key. There are ways to create a belief level.

*Faith is the substance of things hoped for, the evidence of things not seen" (Heb.11:1)*

One of the things you have to realize is that before belief comes faith.

These are concepts that are very rarely taught to people. These are types of things that should be taught to high school students so that when they get out of high school or college, they understand how their mind works.

Your mind is the most powerful tool that you have and most people are never taught how to direct it properly.

*Product Suggestion: **Mind Force Attraction: The Magneto Method**  
Check It Out Here.*

<http://mindforceattraction.com/>

## ***Belief & Faith-Powerful Success Tools***

Before belief comes faith and what faith is, is the substance of things hoped for evidence not yet seen.

I took that right out of the bible.

It does not matter whether you are religious or spiritual at all, the fact of the matter is that these principles work.

Faith is the substance of things hoped for but evidence not yet seen. What that means is faith is sight unseen.

It's you believing in something before it actually comes to pass.

### ***He Had The Car In His Head***

I have an interesting story about a successful business person who was being interviewed, and the guy that was interviewing him asked him a question...

How did you become so successful and what did you do to make it happen?

He related a story that he really wanted a Mercedes Benz and when he first got started in his business he obviously did not have the money for a Mercedes Benz, he was driving a beat up car and lived in a dumpy old house, but he had a belief that he was going to have that Mercedes Benz even though all physical expectations at that point were not there...

The care was not seen... What he used to tell people is that he had a silver Mercedes Benz in his garage. He would actually tell that, he would say that he had the Mercedes Benz, its silver and I love it.

The problem was he didn't really have it in his garage, it was in his mind.

People would drive by his small house and their certainly was no Mercedes Benz in his driveway or garage. They thought there was something wrong with this guy, that he was mentally ill because he kept saying he had a Mercedes Benz, and that it was in his garage. I think he said it was in the garage... about 2 years later he bought that very same car.

Here is what I want you to reflect upon.

What caused that car to appear 2 years later?

It was his faith and then his belief in the fact that he was going to get that. Even though at the time when he was setting up those parameters it was not a physical possibility, it was not a financial possibility for him but his belief factor became strong because his faith factor became strong.

What he did through faith is the substance of things hoped for evidence not yet seen.

Now if you look at this guy today he is a successful multimillionaire and you would say, yeah that's easy...

One thing you have to realize is that there is always a time gap between your mental image and seeing it in its physical capacity. It could be weeks, days, months or years.

The question is do you have the ability to focus and believe that something is going to happen before it actually does?

That is a powerful concept and if you can grasp upon that concept you will really begin to see the essence of the power of the mind.

Can you really believe in something before you see the physical aspect of it?

That is something you have to ask yourself because there are times we may think about something but we may not really want it.

How bad do you want something?

That will be the determining factor on how far you go with this. It is very important that you understand that.

## Chapter 5: Law #4- Effort Alone Produces the Reverse of the Hoped for Effect

You've heard the phrase " faith without works is dead.

Works without belief are futile". So you just can't work and think you can the results you want just from that work...There must be a belief and faith in that work.

You can't think that that effort alone will get you to where you're going to go because it's not.

A lot of people think if I just throw enough mud on the wall, some of it will stick.

Why would you want to do that if you can focus like a laser beam on it?

The reason why people would want to put an effort without the belief is because they have a lack of belief, a lack of faith and they don't really believe it's going to happen so they think they can maybe work their way out of the problem or work their way into a situation.

No, you have to have the belief.

How do you build up the belief?

*Product Suggestion: **Mind Force Hypnosis** Check It Out Here.*

[www.mindforcehypnosis.com](http://www.mindforcehypnosis.com)

### ***You Have "Mad Skills" at Something***

*The fact is you have some type of skill(s) that you're great at...How did you get that skill? Use the same principles to get new skills...*

It comes thorough the faith, but the faith comes through doing little things in order to increase the belief.

Everyone is successful at something. This is a core component to my Control Factor System.

There is something in your life that you do better than most people. What you need to do

is transfer the ability to be successful with that one thing and transfer it to every other area in your life.

It is your attitude of how you're successful.... What's your attitude when you are successful with something, or you know something that someone else doesn't

know, or you know how to do something that no one else knows how to do., you have confidence right?

And through that confidence becomes the belief but maybe you had to have the faith to get the confidence to get the belief.

You build belief by building positive habits.

If you build little tiny positive habits it's going to build your belief system the reason why people lose their self image or don't build a strong self image is because they quit.

They quit building it. It's like building your body. If you're a weight lifter, or if you're getting in shape, you can't do it for 30 days and think I'm done.

I am a martial artist, I do martial arts, sparring and boxing and in order for me to stay as good as I can stay and get better, I need to keep doing it. If I don't, guess what? I will lose it. I may still be proficient in some level, but if I don't practice, I won't be as good as could have been.

You've heard the phrase "if you don't use it, you lose it" well the same thing is true with your self image. If you are not utilizing your self image properly, you will start to lose it.

The negative will start to creep in like the weeds creep in on grass. These are powerful concepts that you need to dig in and understand. Sometimes the change must be forced, and things are not always easy.

Although we are giving you the power of your mind, there will be times that things will be so difficult in your mind and your thinking, I can't do this, and that the change that needs to be forced.

A lot of times before you get that complete control you may go through a process that is really strenuous on yourself and your self image and your mind, but sometimes you have to force it to break through to get the power that you want.

## Chapter 6: Law #5- Any Thought That is Motivated by a Feeling Tends to Become Reality

As soon as you add a feeling to something it adds emotional content to the thought.

Emotions are very powerful tools to increase the strength of the mind image. So when you add that emotion to a thought it all of a sudden starts to fill out the thought.

A thought comes into your head and it really doesn't have substance to it. Its only when you add emotion to it that you start actually adding density to that thought.

What you are doing is called putting meat on the bones of your images, you are filling it out. That image was originally a stick figure image and now it's becoming like a clay model, 3 dimensional in nature.

So clear in your mind as to what that image is that you can almost reach out and grab it. That's what you need to do. You need to take the thought and make it a positive one.

*Your thoughts are things...Every thought carries the physical equivalent. With every good thought, you build it until it is completed for you in reality...*

Let's face it, you can take a thought image of negativity and people add meat on the bones to the thought of the image. That maybe they have an illness, that maybe they are ill or that their marriage will not work out. As the thought goes out, it's going to bring to pass whatever you want.

### ***Keep Your Mind Bridled***

So you need to keep your thoughts positive, you really have to bridle your mind. The focus is everything you are talking about is going to be beneficial for what you are looking to do.

What would your emotions be like if you had the thing you desired, whether it be a car, a woman, a husband, a house or earning a huge income?

What would be the emotions involved with those particular situations?

Put in some of your own, what are the emotions that run through your body?

This is also where meditative process comes in and using a Subliminal track or meditational music track...

These teach people how to take those thought images and start to put the meat on the bones so that you are actually filling in the gaps of what you are looking to do.

One thing you have to keep in mind is that as you are starting to fill up these thoughts and emotions, you want to document it inside your head. You are feeding this information inside your subconscious mind.

### ***Placing Thoughts Into Your Subconscious***

Your subconscious mind does not know the difference between a positive or a negative thought, a real or abstract thought. So you are putting these thoughts into your subconscious mind, your subconscious mind has a tendency to act upon it not based on if its real or not but based on the fact that you start putting it in.

*Product Suggestion: **Hypnosis Manuals***

*Check It Out Here*

<http://mindforcehypnosis.com>

Going back to affirmations, people say hey, they didn't work for me, well it's because you didn't pack the subconscious mind with enough of that energy.

You didn't pack it with enough emotion so of course the subconscious minds not going to act on it, why would it?

You haven't filled it enough. I have affirmations I say,

**I expect success every day**

**I am bold and confident**

**Everyone I talk to wants to get involved in business with me**

**I expect success every day**

**I am a highly successful and prosperous person.**

That's the type of thought you want to put into your mind on a daily basis, 2 or 3 times a day. Even when things are going bad for you (if they ever do), you have to put that thought in.

That's the time when you have to put it in even more but that's when people quit, they run against the wall.

It looks like the thing they are looking to desire is not going to work out so they forget the affirmations.

That is not total faith; **total faith is when you go to the point where you know it's going to happen**. How true can you be to your faith, to your belief to your goals if you aren't willing to do it in good times and bad?

The mind will react to what you place in it...PERIOD!

Everything that you've ever done has started with a thought.

*Thoughts->Words->Action-> Physical Reality*

It was converted into a word, then an action and then a physical reality.

More powerful concepts for you; a thought, a word, an action and into the physical reality.

God created the world with words. He spoke the world into existence and so can you.

You will become in life based on what you say to yourself.

There is a book by Shad Helmstetter, I believe it's called "what do you say when you talk to yourself". This guy has some great books on self talk. He also has a goal setting program I recommend as well...Good stuff.

This goes into the whole self talk and how you are going to create powerful concepts in your mind by talking to yourself positively.

What do you say when you talk to yourself are you saying good things about yourself?

Are you using defeatist language? "oh I can't do that, I've never been able to do that, I'm not good looking, I'm too fat, I'm too skinny, I'm too short, I'm too tall"!

If you say things like that to yourself you are setting yourself up for failure in every area of your life. Not only financially, not only in your relationships, not only looking to meet a mate, you have to have a strong self image for everything.

One of my systems that has helped people with their overall Self Image is my **Dynamic Mental Entrainment system**, which shows a simple yet profound process to entrain the mind to a successful outcome. Very powerful concepts

It's like Maxwell Maltz said- it's the internal not external.

There are many good looking people out there who have very low self images.

Believe it or not, there are a lot of beautiful women out there that maybe were not beautiful as they were growing up, maybe they were awkward and so people would make comments to them and these young ladies took that information processed it in their head, and when they hit the ages of 18, 19 they became beautiful women, but their self image was weak and so they had to overcompensate somehow to help bring that self image up, but in reality it was very low.

The same is true for men, but I have seen it a lot more in women because of what was told to them as they were growing up, so you need to rework it. That's why you will see sometimes that women will be attached to somebody that can help their self image. That's a hint for you guys out there if you are looking for a nice young lady to date.

You can learn more about that in my hypnosis manuals and Manipulation and Ultimate Hypnotic Influence Systems, which will show you exactly what you need to do in order for someone to get to know you, like you and trust you.

That is how you can build dynamic relationships and business relationships as well.

So you need to speak into existence what you want to come to pass. You need to believe in the power of that word you are saying.

You need to believe so much in the power of that word that you have to be careful of what you say. You don't want to say the wrong words.

Every time you speak a negative, something that comes out of your mouth goes directly into your subconscious mind. If it's not positive, it's not worth it.

We all have these challenges and we all go through this all the time... Everyone goes through these situations, and we are not perfect human beings.

What you must realize is that you have the power to control your destiny based on the words that you are saying, backing it up with belief, having the faith that these will come to pass.

It will absolutely work if you believe.

## Chapter 7: Law #6- You Must Be Convinced and Believe in the Results You Want

Your conviction must be so strong that you don't ever doubt the outcome of your thoughts.

This is almost like a wrap up because we've been talking about this the entire time but it's always good to have something that totally shrink wraps the entire process.

You must be convinced and believe in the results you want. That's that faith factor.

You believe in the results before you see them.

You tell someone, "hey I'm going to do this" and you are going to do this but even more so you say I am already there. So you don't say "hey I want to be a millionaire", you say "I AM a millionaire".

By saying that enough, as long as you have your work ethic and have your belief factor and you're feeding your subconscious mind and have a game plan to get what you want.

You don't need to tell others so much about what you're going to do, but you need to tell yourself and be convinced of that!

Or maybe you weigh 250lbs and you want to weigh 200lbs, you don't tell people I'm going to weigh 200lbs you say I weigh 200lbs. You're not talking to other people; you don't need to tell other people that, you need to tell it to yourself.

I weigh a strong and healthy 200lbs. Maybe if you're a female maybe not 200, it may be 120-130 lbs, that's an entire different issue.

### ***Speak Into Existence What You Desire***

You have to speak in the existence.

You must be convinced and believe it. If you don't believe it, you're not going to be able to do it.

Conceive and believe you will achieve.

## Chapter 8: Bonus Material

These are the 6 powerful laws of the mind.

They absolutely work if you'll take them and utilize them. You can find more information on these types of topics at my website [www.mindforcesecrets.com](http://www.mindforcesecrets.com), you can also find several articles I have written throughout my websites as well as on the Internet.

One of the things I wanted to do is to add a little bonus to this because I think it will add credibility to what I am talking about so you can see I am not just making this stuff up, that I am not just someone trying to sell you something.

I want to relate to you the power of the mind with **Napoleon Hills** principal. Napoleon Hill was an author who wrote a book called **Think & Grow Rich**, **Master Key to Riches** and several other books. Some of the things I am going to talk about is from his book Master Key to Riches.

### ***Master Key to Riches***

We've talked about the Maxwell Maltz book, Shad Helmstetter book and we are going to talk about Master key to Riches.

When we talk about riches, we are not necessarily talking about dollar amounts, so I don't want you to think "hey, this guy is just talking from a monetary standpoint." **Riches is everything from your thoughts to everything else**.

This book is fantastic and what I want to do is outline some of the principles that he placed in the book. I think you will get a great deal of interest in this, enough that you will go out and buy the book.

It's the kind of book that you don't read just once, you leave it on your bed stand and you pick it up and read tidbits at a time because it has so much information, so much power in it.

How he did this was he actually went up to the most successful people at that time and asked questions. It took him a number of years to write this and he wasn't making any money while he was writing the book, but after he wrote the book, he became a multi-millionaire.

It is one of the most powerful self help books that's ever been out there and its as true today as when he wrote it back in the 1930's.

I want to go over a few of the principles and what I want you to see is the commonality and what we were talking about the 6 laws and what Napoleon Hill was talking about.

Now remember these things that Hill is talking about come from the wealthiest men at the time. Most wealthy people today have read this book and adhere to these principles.

**The power of definite purpose.** The starting point of all individual achievement is the adoption of a definite purpose and a definite plan for its attainment.

You can't just be out there and fly by the seat of your pants, you have to actually go out there with focus and know exactly what you want. You have to have a purpose and have a defined plan for attainment.

Any dominating idea, plan or purpose held in the mind through repetition, a thought, an emotionalized with a burning desire for its attainment is taken over by the subconscious section of the mind and is acted upon and it is thus carried through its logical climax by whatever natural means may be available.

Sounds a little familiar doesn't it?

Dominating idea or thought, plan or purpose, held in the mind by repetition which means you're taking those auto suggestions and are putting them in your mind continuously.

*Any dominating desire, plan or purpose held in the subconscious mind and backed by absolute faith in its realization is taken over and acted upon by the subconscious section of the mind and there is no known record of this kind of desire having ever been without fulfillment.*

You're emotionalizing it with what he calls a burning desire for the attainment of that, it's taken over by the subconscious portion of the mind and is actually achieved and thorough the belief it comes to pass.

Powerful concepts indeed.. These are things you have to look at and reflect and really see if you're doing exactly that.

Any dominating desire, plan or purpose held in the subconscious mind and backed by absolute faith in its realization is taken over and acted upon by the subconscious section of the mind and there is no known record of this kind of desire having ever been without fulfillment.

You are taking that idea that thought, you're backing it with faith and you're taking that idea that purpose and you're handing it over to the subconscious mind and you are saying here is what I want to accomplish, let's go get it.

Your subconscious mind is going to lead you in the direction. Here is where some people say it is a mystical area, but it is true that your mind will lead you in the right direction.

It will allow you to meet the right people; it will put you in the situations and circumstances that will be in your benefit to that desire that you have.

I believe there are no coincidences in life that you set everything up in your life based upon what you are thinking about.

So if you are looking at the world and say "hey, everyone I am going to meet today is going to somehow going to affect me positively to help me get whatever I want out of life."

You go through life a lot more powerfully when you do it that way then if you look at life as just "oh, I am going to get up and go to work today".

If you have a higher purpose out there, you realize that everyone you come in contact with is a potential doorway to something that can lead you to the next level.

We hope that when you look at our website and courses and see the uniqueness of what we offer that you will look at that information and say "hey, this is the type or program that will lead me into the next level of understanding" in order to get whatever you want out of life. That is really our goal is to help you.

**The power of thought is the only thing over which any person has complete unquestionable control.** A fact so outstanding that it has a close relationship between the mind of man and the mind of God and the connecting link between the two is faith. **The only thing you really control is your thoughts, your mind. You don't control anyone else's.**

When you get our [Closed Door Hypnosis System](#), you will get a lot of techniques for learning how to covertly persuade and influence people hypnotically but we never talk about it as hypnotic control because there is really no such thing as control.

Somebody has to give you control in order for you to utilize it. So when you are looking to hypnotically influence somebody, it's not a factor that you will control them, they have to give you control in order for you to make an influence or suggestions to them.

## ***Tasking The Subconscious Mind***

The subconscious portion of the mind is the doorway to infinite intelligence and it responds to ones demands in exact proportion to the quality of one's faith. The subconscious mind may be reached through faith and given instructions as though it was a person of a complete entity of itself.

So you are looking at the subconscious mind. The divided mind, you have the conscious and subconscious portions of the mind and you are treating the subconscious mind as though it is a separate entity. As if it's somebody that is actually going to go out and work for you to get the situation and solution that you have. This my friends is a super key to getting this to work. Believe it!

Again, it's backed by total faith and belief that it will be accomplished. So when you give a task to the subconscious mind it's not a task that you're hoping for, it's a task that you absolutely believe that will happen.

It will happen, but will it happen in the time frame that you want. Sometimes it will, sometimes it won't but that is the test of faith. Are you faithful enough to realize that it will come to pass but maybe not in the timeframe that you want it to come to pass.

What is time, time is really an ambiguous type of concept, once you get through time, time doesn't matter.

As we look forward to the future, time is a big thing. When you look into the past, it seems like time flew by.

So what difference does it make if you set a goal today and it took you 2 years to accomplish it because at that 2 years you will feel a lot more successful than you ever could. Because you finally attained it, you accomplished what you were looking to accomplish.

A definite purpose backed by absolute faith is a form of wisdom and wisdom in action produces positive results. So take these concepts and run with them. I know you will find them to be helpful. I recommend you go back and read and listen to this program over and over. Go through the documentation that came with this program as well and truly understand how you can benefit from this program.

We would also recommend that you buy all or our products and you will find that it is exactly what you are looking for. The techniques will work for you; a lot of our programs will keep you in shape and will absolutely work for you. I know this will be of benefit for you if you take these concepts and utilize them.

# Resources

You can find all of the products mentioned in this report and others at the following websites.

Just click the link below to visit.

<http://MasterThePowerofTheMind.com>

<http://Chipowersecrets.com>

<http://MindForceHypnosis.com>

<http://MindForcePsychicPower.com>

<http://MindForceMeditation.com>

<http://MindForceAttraction.com>

<http://Dim-Mak-Secrets.com>

<http://Control-Factor.com>